The Leeds course in Clinical Nutrition  
Wednesday 9 – Friday 11 September 2020

Provisional Programme

**Day one - Wednesday 9 September 2020**

08.45 Registration and coffee

09.15 Welcome and Introduction  
Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust

09.30 Nutrition and risk – what can we do?  
Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust

10.05 Estimating nutritional requirements  
Jo Scantlebury, Senior Specialist Dietician, Leeds Teaching Hospitals NHS Trust

10.45 Coffee and company product display

11.05 Multidisciplinary Team Workshops (4 groups – no rotation)

Assessing nutritional status
1. Normal BMI
2. Obese
3. Very underweight

**Medics**
Clare Donnellan, Leeds Teaching Hospitals NHS Trust
Catherine Kenneth, Bradford Teaching Hospitals NHS Foundation Trust
Becky McKay, Leeds Teaching Hospitals NHS Trust

**Peter Mooney**, Leeds Teaching Hospitals NHS Trust
Andrew Rochford, Barts Health NHS Trust

**Dietitians**
Gerardine Culkin, Leeds Teaching Hospitals NHS Trust
Helen Davies, Leeds Teaching Hospitals NHS Trust
Lucy Pearson, Leeds Teaching Hospitals NHS Trust

Jo Scantlebury, Leeds Teaching Hospitals NHS Trust
Lisa Dunleavy, Leeds Teaching Hospitals NHS Trust

12.25 Lunch and company product display

13.25 Short bowel syndrome  
Dr Cathryn Preston, Bradford Teaching Hospitals NHS Foundation Trust

14.05 Paediatric surgery and nutritional consequences for children and adults  
Ian Sugarman, Consultant Paediatric Surgeon, Leeds Teaching Hospitals NHS Trust

14.50 Tea and company product display

15.20 Obesity / bariatric surgery  
Mary O’Kane, Consultant Dietitian (Adult Obesity), Leeds Teaching Hospitals NHS Trust

16.00 Nutrition and the liver patient  
Dr Charlie Millson, Consultant Gastroenterologist, York District Hospital

16.45 Summary of day one  
Dr Clare Donnellan, Course Director, Dr Peter Mooney, Leeds Teaching Hospitals NHS Trust

17.00 End of day one

19.00 Course dinner – Sous Le Nez Restaurant
Day two - Thursday 10 September 2020

08.30 Coffee

09.00 Practicalities of enteral feeding
Alison Young, Consultant Nutrition Nurse, The Royal Liverpool and Broadgreen

Workshops

09.40 Workshop Session 1 (4 groups – rotating)

1. PEGs/gastrostomy tubes including buried bumpers, measuring tubes etc.
   Becky McKay, Leeds Teaching Hospitals NHS Trust
   Mary Barragry, Leeds Teaching Hospitals NHS Trust

2. NGs, nasal briddles
   Clare Donnellan, Leeds Teaching Hospitals NHS Trust
   Catherine Kenneth, Bradford Teaching Hospitals NHS Foundation Trust
   Gina Melling, Leeds Teaching Hospitals NHS Trust

3. Drugs via NG tubes
   Clare Donnellan, Leeds Teaching Hospitals NHS Trust
   Catherine Kenneth, Bradford Teaching Hospitals NHS Foundation Trust
   Gina Melling, Leeds Teaching Hospitals NHS Trust

4. Jejunal feeding tubes
   Andrew Rochford, Barts Health NHS Trust
   Alison Young, The Royal Liverpool and Broadgreen

10.25 Coffee and company product display

10.55 Workshop session 2

11.40 Workshop session 3

12.25 Workshop session 4

13.10 Lunch and company product display

14.00 Psychological aspects of home parenteral nutrition
   Dr Yoram Inspector, Consultant Psychiatrist in Psychotherapy, St Mark’s Hospital,
   London North West Healthcare NHS Trust

14.45 Nutrition and eating disorders
   Dr William Rhys Jones, Consultant Psychiatrist, Yorkshire Centre for Eating Disorders, Leeds

15.35 Tea and company product display

15.55 Ethics of feeding
   Dr Andrew Rochford, Consultant Gastroenterologist, Barts Health NHS Trust

16.35 Nutrition and the surgical patient
   Mr Dermot Burke, Consultant General and Colorectal Surgeon, Leeds Teaching Hospitals NHS Trust

17.10 Summary of day two
   Dr Clare Donnellan, Course Director, Dr Peter Mooney, Leeds Teaching Hospitals NHS Trust

End of day two
Day three - Friday 11 September 2020

08.45 Coffee
09.00 TBC
09.45 Pharmacy and parenteral nutrition
   Sarah Zeraschi, Consultant Pharmacist Nutrition, Leeds Teaching Hospitals NHS Trust
10.25 Coffee
10.45 Preventing the refeeding syndrome
   Dr Jeremy Nightingale, Consultant Gastroenterologist, St Mark’s Hospital,
   London North West Healthcare NHS Trust
11.25 Nutrition in IBD
   Dr Peter Mooney, Consultant Gastroenterologist (Nutrition), Clinical Lead for Gastroenterology
   St James University Hospital, Leeds Teaching Hospitals NHS Trust
12.05 Lunch
   Workshops (3 groups – rotating)
13.00 Workshop Session 1
   1. Short Bowel Syndrome
      Sumiyya Nidaa, Leeds Teaching Hospitals NHS Trust
      Andrew Rochford, Barts Health NHS Trust
   2. PN issues – working out requirements
      Jo Scantlebury, Leeds Teaching Hospitals NHS Trust
      Sarah Zeraschi, Leeds Teaching Hospitals NHS Trust
   3. Management of abnormal LFTs
      Helen Davies, Leeds Teaching Hospitals NHS Trust
      Clare Donnellan, Leeds Teaching Hospitals NHS Trust
13.45 Workshop session 2
14.30 Tea
14.45 Workshop session 3
15.30 Kullavanijaya International Guest Lecture
   Managing home parenteral nutrition
   Dr Antje Teubner, Associate Specialist IFU, Salford Royal NHS Foundation
16.30 End of day three and course, issue of certificates