



The Leeds Course in Clinical Nutrition

9 - 11 September 2026



Endorsement No. EN435



Putting patients at the centre
of good nutritional care



The Association
of UK Dietitians
CPD Approved



BRITISH SOCIETY OF
GASTROENTEROLOGY



NATIONAL NURSES NUTRITION GROUP

The Leeds course in Clinical Nutrition (code: 155084) has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 18 category 1 (external) CPD credit(s). The course has also been endorsed by the Association for Nutrition, British Dietetic Association, BAPEN, British Society of Gastroenterology and the National Nurses Nutrition Group.

Early registration
recommended



The Leeds Course in Clinical Nutrition

Wednesday 9 - Friday 11 September 2026

Course director

Dr Peter Mooney, Consultant Gastroenterologist (Nutrition), Clinical Lead for Gastroenterology, St James University Hospital, Leeds Teaching Hospitals NHS Trust

About the course

A three-day course specifically designed to provide a thorough grounding in all aspects of clinical nutrition and:

- summarise national nutrition drivers to provide a foundation for the course
- increase awareness of nutritional compromise and its consequences; give practical guidance on assessment of patients, and discuss particular patient groups (surgical patients, those with irritable bowel syndrome, renal disease, eating disorders and liver disease)
- discuss practicalities of feeding in terms of ethics, different methods of feeding and understand more about different techniques to give artificial nutrition
- establish principles of nutritional importance in extreme clinical situations (short bowel syndrome, refeeding syndrome, parenteral nutrition).

Who should attend?

The Leeds course in Clinical Nutrition is aimed at all professions with an interest in Clinical Nutrition and will appeal to clinicians, dietitians, doctors, hospitals pharmacists, nursing staff and others with interest in patient nutrition.

Product display

There will be a small company product display from the pharmaceutical, equipment and food industries on days one and two of the course.

Please contact Harriet Oakley for more details on **0113 343 2494** or email clinicalnutrition@leeds.ac.uk

Course accreditation

The Leeds Course in Clinical Nutrition (code: 155084) has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 18 Category 1 (external) CPD credits. The course has also been endorsed by the Association for Nutrition (AfN), the British Dietetic Association (BDA), the British Association for Parenteral and Enteral Nutrition (BAPEN), the British Society of Gastroenterology (BSG), and the National Nurses Nutrition Group (NNNG).



What our previous delegates say:

“Amazing course, excellent speakers and true game changer for anyone interested in nutrition.”

“An outstanding course that blends evidence-based learning with practical, hands-on workshops, ideal for clinicians seeking to deepen their expertise in complex nutritional care.”

Wednesday 9 September 2026

- 08:30 Registration and coffee
- 09:00 **Welcome and Introduction**
Dr Peter Mooney, Course Director
- 09:15 **Nutrition and risk – what can we do?**
Dr Peter Mooney
- 09:50 **Estimating nutritional requirements**
Emma Noble, Clinical Lead Dietitian (Intestinal Failure)
Leeds Teaching Hospitals NHS Trust
- 10:30 Coffee and company product display
- 11:05 **Multidisciplinary Team Workshops**
- Normal BMI
 - Obese
 - Very underweight
- 12:25 Networking Lunch and company product display
- Kullavanijaya International Guest Lecture**
- 13:15 **Nutritional nightmares in gut-brain disorders**
Peter Paine, Consultant Gastroenterologist, Northern Care Alliance NHS Foundation Trust
- 14:15 **Nutrition and eating disorders**
Dr William Rhys Jones, Consultant Psychiatrist and CONNECT Adult Eating Disorder Service, Leeds and York Partnership NHS Foundation Trust
- 15:00 Tea and company product display
- 15:25 **Ethics of feeding**
Dr Andrew Rochford, Chief Medical Director Bedfordshire, Luton and Milton Keynes Integrated Care Board
- 16:15 **Nutrition and the liver patient**
Dr Oliver Tavabie, Consultant Hepatologist and Honorary Senior Lecturer, Leeds Teaching Hospital NHS Trust
- 17:00 **Summary of day one**
Dr Peter Mooney, Course Director
- 19:00 Course dinner – Leeds City Centre

Thursday 10 September 2026

- 08:45 **Practicalities of enteral feeding**
Alison Young, Independent Consultant nurse in Nutrition
- Workshops**
- 09:25 **Workshop session 1**
- PEGs/gastrostomy tubes including buried bumpers, measuring tubes
 - NGs, nasal bridles
 - Drugs via NG tubes
 - Jejunal feeding tubes
- 10:15 Coffee and company product display
- 10:35 **Workshop session 2**
- 11:30 **Workshop session 3**
- 12:25 **Workshop session 4**
- 13:15 Networking lunch and company product display
- 14:15 **Preventing the refeeding syndrome**
Dr Jeremy Nightingale, Consultant Gastroenterologist, St Mark's Hospital, London Northwest Healthcare NHS Trust
- 15:00 **Short bowel syndrome**
Dr Thomas Conley, Consultant Gastroenterologist, NHS University Hospitals of Liverpool Group
- 15:40 Tea and company product display
- 16:00 **Nutrition and the surgical patient**
Mr Dermot Burke, Consultant General and Colorectal Surgeon, Leeds Teaching Hospitals NHS Trust
- 16:40 **Summary of day two**
Dr Peter Mooney, Course Director
- 16:45 End of day two

Friday 11 September 2026

- 08:45 **Pharmacy and parenteral nutrition**
Sarah Zeraschi, Consultant Pharmacist Nutrition, Leeds Teaching Hospitals NHS Trust
- 09:25 **Nutrition in IBD**
Christy Riggott, Gastroenterologist, Leeds Teaching Hospitals NHS Trust
- 10:05 Coffee
- 10:25 **Obesity / bariatric surgery**
Sophia Whittaker, Clinical Specialist Dietitian in Bariatric Surgery, Leeds Teaching Hospitals NHS Trust
- 11:05 **Small bowel transplant**
Dr Charlotte Rutter, Consultant Gastroenterologist, Cambridge University Hospitals NHS Foundation Trust
- 12:00 Networking lunch
- Workshops**
- 12:45 **Workshop Session 1**
- Short Bowel Syndrome
 - PN issues – working out requirements
 - Medical complications of PN
- 13:35 **Workshop session 2**
- 14:20 Tea
- 14:30 **Workshop session 3**
- 15:15 **Managing home parenteral nutrition**
Antje Teubner, Associate Specialist Intestinal Failure Honorary Senior Lecturer University of Manchester, Northern Care Alliance NHS Foundation Trust
- 16:30 End of day three and close of course

Please note, although we remain devoted to the programme specified, we reserve the right to vary the programme in detail if required to do so by factors beyond our control.

View the full programme and book your place online at <https://tinyurl.com/ClinicalNutrition2026>

Further information

Course Fees

The course fee includes the cost of tuition, course materials, lunches, refreshments and the course dinner on Wednesday evening.

NHS/academic fee: £595 (VAT exempt)

Standard/other fee: £775 (VAT exempt)

A discount fee is available for BSG members. Please contact Harriet Oakley if you are a BSG member.

Venue

The course venue will be within the Faculty of Engineering and Physical Sciences at the University of Leeds. The University campus is a 20-minute walk from Leeds train station and well connected by public transport. Leeds Bradford Airport (LBA) is approximately 30 minutes away by taxi, and Manchester Airport (MAN) has direct train links to Leeds.

Parking on and around campus is very limited; we recommend using public transport where possible. The nearest public car park is Woodhouse Lane (LS1 3HQ).

Accommodation

Delegates are responsible for organising their own evening meals and accommodation, except on Wednesday when the course dinner is included. A list of hotels close to the University will be provided in the delegate joining instructions.

Course Dinner

The course dinner will be held at a Leeds city centre restaurant and is included in the course fee. This will take place on Wednesday evening and you are responsible for making your own way to and from the restaurant. The dress code is smart casual. If you would like to attend please let us know when booking.

How to Book

Please book your place for this course through our secure Online Store, using debit or credit card, following the instructions below:

1. Visit our Online Store at: <http://store.leeds.ac.uk>
2. Select Conferences and Events in the left-hand navigation bar and 'CPD Pharmaceutical and Healthcare Courses'
3. Select the relevant course, click on 'Book Event' and complete your booking details

You will receive an automatic confirmation email within 24 hours of your booking.

To pay via purchase order and invoice

1. Please email us at clinicalnutrition@leeds.ac.uk to request a registration form.
2. Send your completed registration form and purchase order document to clinicalnutrition@leeds.ac.uk


Get in touch

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CPD, Conferences and Events
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T: +44 (0)113 343 2494

E: clinicalnutrition@leeds.ac.uk

W: <https://eps.leeds.ac.uk/short-courses>

 [Continuing Professional Development \(CPD\), Conferences and Events, University of Leeds](#)

Terms and conditions for booking

Payment

Payment by debit/credit card should be made at the time of booking via the Online Store. If for exceptional reasons you are unable to book and pay online a purchase order document will be required to support a manual booking process. Our standard payment terms are 30 days from date of invoice however payment must be made prior to attendance. Attendance may be refused if payment has not been received.

Changes made by the University of Leeds

The course programme may have to be re-scheduled or the speakers changed for reasons outside our control. The University of Leeds reserves the right to cancel or postpone a course, in which case fees will be refunded in full. In the event of cancellation, the University will not be held liable for delegates' travel or accommodation expenses.

Where a delegate cancels a registration

For cancellations made within seven days of booking: a full refund is payable unless the course starts within the next seven days, in which case the full fee is payable and no refunds will be made.

For cancellations made after seven days of booking: written cancellations received up to 15 working days before the course will be subject to an administrative charge of 20% of the total fee. Within 15 working days of the course the full fee is payable and no refunds will be made.

For non-attendance: the full fee is payable and no refunds will be made. Appropriate course materials will be sent to the registered delegate.

In the event of cancellation, the University will not be held liable for or refund any incurred travel or accommodation expenses. Substitutions may be made at any time.

Data/Privacy

Your right to privacy is important to us. We will only use your information to provide information on our CPD courses and relevant events. We will not pass your details on to any other organisations. The ways in which your personal data may be used when you provide it to us are defined in our Privacy Notice at <https://eps.leeds.ac.uk/privacy>.

If you have opted in to receive details of future CPD courses from us you can unsubscribe at any time by emailing us at clinicalnutrition@leeds.ac.uk and your details will be removed from our database.