



UNIVERSITY OF LEEDS

The Leeds course in Clinical Nutrition

3 – 5 September 2025



The Leeds course in Clinical Nutrition (code: 151663) has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 18 category 1 (external) CPD credit(s). The course has also been endorsed by the Association for Nutrition, British Dietetic Association, BAPEN, British Society of Gastroenterology and the National Nurses Nutrition Group.



**Early Registration
Recommended**

The Leeds course in Clinical Nutrition

Wednesday 3 – Friday 5 September 2025

Course director

Dr Clare Donnellan, Consultant Gastroenterologist,
The Leeds Teaching Hospitals NHS Trust

About the course

A three-day course specifically designed to provide a thorough grounding in all aspects of clinical nutrition and:

- summarise national nutrition drivers to provide a foundation for the course
- increase awareness of nutritional compromise and its consequences; give practical guidance on assessment of patients, and discuss particular patient groups (surgical patients, those with irritable bowel syndrome, renal disease, eating disorders and liver disease)
- discuss practicalities of feeding in terms of ethics, different methods of feeding and understand more about different techniques to give artificial nutrition
- establish principles of nutritional importance in extreme clinical situations (short bowel syndrome, refeeding syndrome, parenteral nutrition).

What our previous delegates say:

"A really superb course. Consistently high quality and useful information. Plenty to take back with me to the day job."

"Excellent course with a unique focus on MDT working, which is essential to nutrition management."

"This is an excellent, thorough and comprehensive course on clinical nutrition applicable to multiple members of the MDT. As a Dietitian, I have found this incredibly useful for both confirming my current knowledge, and expanding my knowledge."

Who should attend?

The Leeds course in Clinical Nutrition is aimed at all professions with an interest in Clinical Nutrition and will appeal to clinicians, dietitians, doctors, hospitals pharmacists, nursing staff and others with interest in patient nutrition.

Product display

There will be a small company product display from the pharmaceutical, equipment and food industries on days one and two of the course.

Please contact Harriet Wills for more details on
0113 343 2494 or email clinicalnutrition@leeds.ac.uk

Course accreditation

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BDA endorsement applies only to the educational content of the learning activity.



Wednesday 3 September 2025

08:30 Registration and coffee

09:00 Welcome and Introduction

Dr Clare Donnellan,
Course Director,
Consultant Gastroenterologist,
Leeds Teaching Hospitals NHS Trust

09:15 Nutrition and risk – what can we do?

Dr Clare Donnellan,
Course Director,
Consultant Gastroenterologist,
Leeds Teaching Hospitals NHS Trust

09:50 Estimating nutritional requirements

Emma Noble,
Clinical Lead Dietitian
(Intestinal Failure)
Leeds Teaching Hospitals NHS Trust

10:30 Coffee and company product display

11:05 Multidisciplinary Team Workshops Assessing nutritional status:

- Normal BMI
- Obese
- Very underweight

12:25 Networking Lunch and company product display

13:15 Nutritional nightmares in gut-brain disorders

Peter Paine,
Consultant Gastroenterologist,
Northern Care Alliance
NHS Foundation Trust

14:15 Nutrition and eating disorders

Dr William Rhys Jones,
Consultant Psychiatrist,
Yorkshire Centre for Eating Disorders,
Leeds

15:00 Tea and company product display

15:25 Ethics of feeding

Dr Andrew Rochford,
Chief Medical Officer,
NHS Bedfordshire,
Luton and Milton Keynes
Integrated Care Board,
Consultant Gastroenterologist,
Royal Free London Hospitals

16:15 Nutrition and the liver patient

Dr Charlie Millson,
Consultant Gastroenterologist,
York District Hospital

17:00 Summary of day one

Dr Clare Donnellan,
Course Director

19:00 Course dinner

Thursday 4 September 2025

08:45 Practicalities of enteral feeding

Alison Young,
Independent Consultant
nurse in Nutrition

Workshops

09:25 Workshop session 1

- PEGs/gastrostomy tubes including buried bumpers, measuring tubes etc.
- NGs, nasal bridles
- Drugs via NG tubes
- Jejunal feeding tubes

10:15 Coffee and company product display

10:35 Workshop session 2

11:30 Workshop session 3

12:25 Workshop session 4

13:15 Networking lunch and company product display

14:15 Short bowel syndrome

Dr Thomas Conley,
Consultant Gastroenterologist,
NHS University Hospitals
of Liverpool Group

15:00 Preventing the refeeding syndrome

Dr Jeremy Nightingale,
Consultant Gastroenterologist,
St Mark's Hospital,
London North West
Healthcare NHS Trust

15:40 Tea and company product display

16:00 Nutrition and the surgical patient

Mr Dermot Burke,
Consultant General and
Colorectal Surgeon, Leeds
Teaching Hospitals NHS Trust

16:40 Summary of day two

Dr Clare Donnellan,
Course Director

16:45 End of day two

Friday 5 September 2025

09:00 Pharmacy and parenteral nutrition

Sarah Zeraschi,
Consultant Pharmacist Nutrition,
Leeds Teaching Hospitals NHS Trust

09:40 Nutrition in IBD

Dr Peter Mooney,
Consultant Gastroenterologist
(Nutrition), Clinical Lead for
Gastroenterology,
Leeds Teaching Hospitals NHS Trust

10:20 Coffee

10:40 Obesity / bariatric surgery

Sophia Whittaker,
Clinical Specialist Dietitian in
Bariatric Surgery,
Leeds Teaching Hospitals NHS Trust

Kullavanijaya International Guest Lecture

11:20 Small bowel transplant

Dr Charlotte Rutter,
Consultant Gastroenterologist,
Cambridge University Hospitals
NHS Foundation Trust

12:15 Networking lunch

13:00 Workshop Session 1

- Short Bowel Syndrome
- PN issues – working out requirements
- Management of abnormal LFTs

13:50 Workshop session 2

14:35 Tea

14:45 Workshop session 3

15:30 Managing home parenteral nutrition

Antje Teubner,
Associate Specialist Intestinal Failure,
Honorary Senior Lecturer University
of Manchester, Northern Care
Alliance NHS Foundation Trust

16:30 End of day three and course

Please note: although we remain devoted to the programme specified, we reserve the right to vary the programme in detail if required to do so by factors beyond our control.

Further details and online registration now available at <https://tinyurl.com/ClinicalNutrition-2025>

Further information

Course Fees

The course fee includes the cost of tuition, course materials, lunches, refreshments and the course dinner on Wednesday evening.

NHS/academic fee: **£595 (VAT exempt)**

Standard/other fee: **£775 (VAT exempt)**

A discount fee is available for BSG members. Please contact Harriet Wills if you are a BSG member.

Venue

The course venue will be within the Faculty of Engineering and Physical Sciences at the University of Leeds. The University campus is a 20-minute walk from Leeds train station and well connected by public transport. Leeds Bradford Airport (LBA) is approximately 30 minutes away by taxi, and Manchester Airport (MAN) has direct train links to Leeds.

Parking on and around campus is very limited; we recommend using public transport where possible. The nearest public car park is Woodhouse Lane (LS1 3HQ).

Accommodation

Delegates are responsible for organising their own evening meals and accommodation, except on Wednesday when the course dinner is included. A list of hotels close to the University will be provided in the delegate joining instructions.



Course Dinner

The course dinner will be held at a Leeds city centre restaurant and is included in the course fee. This will take place on Wednesday evening and you are responsible for making your own way to and from the restaurant. The dress code is smart casual. If you would like to attend please let us know when booking.

How to Book

To pay via debit or credit card (via our secure Online Store)

1. Visit our Online Store at: <http://store.leeds.ac.uk>
2. Select Conferences and Events in the left-hand navigation bar and 'CPD Faculty of Engineering and Physical Sciences'
3. Select the relevant course, click on 'Book Event' and complete your booking details

To pay via purchase order and invoice

1. Please email us at clinicalnutrition@leeds.ac.uk to request a registration form.
2. Send your completed registration form and purchase order document to clinicalnutrition@leeds.ac.uk

Get in touch

Harriet Wills – Course Coordinator
CPD, Conference and Events Unit
Faculty of Engineering
and Physical Sciences
University of Leeds

+44 (0)113 343 2494

clinicalnutrition@leeds.ac.uk

<https://eps.leeds.ac.uk/short-courses>

[CPD, Conference and Events Unit, University of Leeds](#)

Terms and conditions for booking

Payment

Payment by debit/credit card should be made at the time of booking via the Online Store. If for exceptional reasons you are unable to book and pay online a purchase order document will be required to support a manual booking process. Our standard payment terms are 30 days from date of invoice however payment must be made prior to attendance. Attendance may be refused if payment has not been received.

Changes made by the University of Leeds

The course programme may have to be re-scheduled or the speakers changed for reasons outside our control. The University of Leeds reserves the right to cancel or postpone a course, in which case fees will be refunded in full. In the event of cancellation, the University will not be held liable for delegates' travel or accommodation expenses.

Where a delegate cancels a registration

For cancellations made within seven days of booking: a full refund is payable unless the course starts within the next seven days, in which case the full fee is payable and no refunds will be made.

For cancellations made after seven days of booking: written cancellations received up to 15 working days before the course will be subject to an administrative charge of 20% of the total fee. Within 15 working days of the course the full fee is payable and no refunds will be made.

For non-attendance: the full fee is payable and no refunds will be made. Appropriate course materials will be sent to the registered delegate.

In the event of cancellation, the University will not be held liable for or refund any incurred travel or accommodation expenses. Substitutions may be made at any time.

Data/Privacy

Your right to privacy is important to us. We will only use your information to provide information on our CPD courses and relevant events. We will not pass your details on to any other organisations. The ways in which your personal data may be used when you provide it to us are defined in our Privacy Notice at <https://eps.leeds.ac.uk/privacy>.

If you have opted in to receive details of future CPD courses from us you can unsubscribe at any time by emailing us at clinicalnutrition@leeds.ac.uk and your details will be removed from our database.



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University of Leeds
Leeds, United Kingdom
LS2 9JT
0113 243 1751
www.leeds.ac.uk